

MEDIA RELEASE:  
NETHERCOTE SPRING PRODUCE MARKET  
**SATURDAY 26 OCTOBER 2019 8AM TO NOON**  
NETHERCOTE HALL  
CNR NETHERCOTE AND BACK CREEK ROADS

Known for its laid-back friendly country atmosphere and fresh local produce, the spring produce market at Nethercote Hall on Saturday 26 October will be one of the year's highlights in the Bega Valley.

Noel and Trish Butler will be giving a talk on bush foods with samples at 10.30am.

In season for spring will be avocados, hazelnuts, herbs, lettuce, lemons, mandarins, onions, oranges, parsley, potatoes, rhubarb, rocket, silverbeet, snow peas and spring onions. There will be loads of eggs, cheese, honey, jams and pickles, fresh pastries, wine and delicious cakes and pies, grass fed beef and lamb, sauces, chilli products, oysters, smoked seafood and bread, all produced on Nethercote's doorstep.

If you have some fresh home produce to sell, but not enough for a stall of your own, you can sell it through our Growers' Stall.

Drop your produce off to Nethercote Hall between 3pm and 4pm on Friday afternoon the day before the market, or before 8am on market day.

The Nethercote Produce Market donates a large portion of its profits to a worthy local cause, which you can support by buying your morning cuppa from the morning tea stall, fruit and veges from the Growers' Stall or raffle tickets for the market hamper that contains samples of delicious goodies from each of the stallholders.

This market will be supporting local food growing projects that gardening guru Costa Georgiadis will visit on his fourth annual 5-day tour of the Far South Coast region in November. He'll be visiting schools, preschools, urban agriculture projects and quiet achievers who deserve a little credit for all they give to our community.

The Nethercote Produce Market is run by volunteers and they are always happy to hear from people who'd like to give a hand setting up, washing dishes, serving morning tea or packing up. Contact Michelle on 0400 341282 if you can lend a hand.

Invite a friend along and enjoy breakfast or morning tea while listening to live music from Red Heart Blue.

The market opens at 8 am for the early birds and closes at 12 noon just after the hamper raffle draw.

More details can be found at [www.nethercoteproducemarket.com](http://www.nethercoteproducemarket.com) or find them on Facebook @nethercoteproducemarket.

[See also separate image file attached to email]



Image Caption: Nethercote Produce Market happens just four times a year, on the last Saturday of January, April, July and October. Photo: Nethercote Produce Market

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Not For Publication:  
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